

# BIG SANDY AREA HEAD START PROGRAM



Dear Parents,

Welcome to Head Start!

You can contact us at (606) 789-1600 with any questions or concerns. Listed below are some of the activities that you can take advantage of being a Head Start parent.

**Get Involved** - Fun, free time for you to learn! Each Delegate offers programs free and open to all Head Start families. Check it out!

~Parent-child activity

~Parenting class or GED class

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**Parent Committee Meetings** - All parents are members of Parent Committee Meetings. Our Parent Committee meeting takes place every month at each of the sites. It alternates between daytime and evening. For more information on meeting times contact your local Head Start Office. This gives every parent an opportunity to attend. Please come join us and get updates on upcoming events, give us ideas for new parent activities and how to make this program better for our children, families and community.

**Policy Council** - Our Policy Council meeting takes place on the third Tuesday of each month at 11:00 a.m. Although all parents are welcome to this meeting to view the proceedings and to listen to the issues on the table, only Policy Committee members get to vote on the issues. If you plan on attending, please let us know a day in advance so we can add you to our lunch list.

**Volunteer** - There are many opportunities for you to volunteer at Head Start. You can help by volunteering in the classroom, sorting the clothing center, making copies of flyers, etc.

Please visit the link below to view our website: <http://www.bsacapheadstart.com/>